



Gryphon Athletics  
Information Packet  
2017-2018

# FIVE THINGS YOU NEED TO KNOW

## *Gryphon Athletics and Required Forms*

1. All St. George's athletes are required to have a completed packet of athletic forms, including a sports physical, on file in the athletic office before an athlete may condition, work out, try-out, or practice for a school sport.
2. The complete packet of athletic forms may be found on the St. George's website at [sgis.org/athletics/athleticforms](http://sgis.org/athletics/athleticforms)
3. Required athletic forms include:
  - Physical form, completed and signed by a doctor
    - Must be dated after April 15, 2017 to be valid for the 2017-2018 school year.
  - St. George's Parent Permission and Student Code of Conduct
  - Student/Parent Concussion Signature form
  - Sudden Cardiac Arrest Signature form
  - OrthoMemphis Authorization for Release of Information form
  - OrthoMemphis Consent for Medical Treatment
4. All athletic forms for Fall Sports must be returned to Sharon Lathum in the Athletic Office at the Collierville campus by July 10, 2017 (or your first date of conditioning or try-outs after Dead Period).
5. The mandatory TSSAA Dead Period for all sports is June 25–July 9.
  - During the Dead Period, the fields, gyms, and weight room will be closed and athletes should have no contact with their coaches.

## FALL SPORTS

- **CROSS COUNTRY**  
US Conditioning Practice July 10  
US Practice Aug. 14  
MS Tryouts Week of Aug 14 or 21  
Contacts: Lesley Brainard and Mark Newman [Lesley.brainard@yahoo.com](mailto:Lesley.brainard@yahoo.com) or [Pilrun1@aol.com](mailto:Pilrun1@aol.com)
- **GIRLS GOLF**  
US Tryouts Aug. 9 and 11  
MS Tryouts Week of Aug. 14 or 21  
Contact: MaryLou Johns [mljohns@sgis.org](mailto:mljohns@sgis.org)
- **BOYS GOLF**  
US Tryouts Week of Aug. 7  
MS Tryouts Week of Aug. 21  
Contact: Jeff Ruffin [jruffin@sgis.org](mailto:jruffin@sgis.org)
- **FOOTBALL**  
US Strength and Conditioning Starts Week of May 30–July 21  
US First Practice July 24  
MS Gear Handout July 31  
MS First Practice Aug. 1  
Contact: David Carter or Ben Todd [dcarter@sgis.org](mailto:dcarter@sgis.org) or [btodd@sgis.org](mailto:btodd@sgis.org)
- **GIRLS SOCCER**  
US Strength and Conditioning June and July  
US Tryouts Week of July 24  
MS Tryouts Week of Aug. 7  
Contact: Tony Whicker [twhicker@sgis.org](mailto:twhicker@sgis.org)
- **CHEER (FALL)**  
US Tryouts April 20  
MS Tryouts April 20  
Contact: Camilla Evans [sgischeer@gmail.com](mailto:sgischeer@gmail.com)
- **VOLLEYBALL**  
US Tryouts May 25 1:30-3:30pm  
MS Clinic May 1, 2, and 4  
MS Tryouts May 8 4-6 Mcneill  
Contact: Sami Gruse [sgruse03@gmail.com](mailto:sgruse03@gmail.com)

## WINTER SPORTS

- **BOYS BASKETBALL**  
US Strength and Conditioning/Open Gym Aug. 22–Oct. 28  
US Tryouts Oct. 30  
MS Tryouts Nov. 1 and 2  
Contact: Jeff Ruffin [jruffin@sgis.org](mailto:jruffin@sgis.org)
- **GIRLS BASKETBALL**  
US Preseason Sept. 5–Oct. 27  
US Tryouts Oct. 30  
MS Tryouts Week of Oct. 16  
Contact: Nikki Davis [ndavis@sgis.org](mailto:ndavis@sgis.org)
- **WRESTLING**  
US/MS Workouts June/July  
US Tryouts Oct. 30  
MS Tryouts Oct. 30  
Contact: Adam Shaw [adamthepersonaltrainer@gmail.com](mailto:adamthepersonaltrainer@gmail.com)
- **WINTER CHEER**  
US Tryouts Week of Sept. 11  
Contact: Sharon Lathum [slathum@sgis.org](mailto:slathum@sgis.org)
- **SWIM**  
US First Practice Week of Oct. 10 tentative  
MS First Practice Week of Oct. 10 tentative  
Contact: Rob Snowberger [rsnowberger@sgis.org](mailto:rsnowberger@sgis.org)

## SPRING SPORTS

- TENNIS  
US Tryouts Feb. 12  
MS Tryouts Feb. 12  
Contact: Mark Bran [mbran@sgis.org](mailto:mbran@sgis.org)
- BOYS LACROSSE  
US Tryouts Week of Feb. 5  
MS Tryouts Week of Feb. 12  
Contact: Kyle Slatery [kslatery@sgis.org](mailto:kslatery@sgis.org)
- GIRLS LACROSSE  
US Tryouts Week of Feb 5  
MS Tryouts Week of Feb. 12  
Contact: Dan Patterson [w.patterson@silverleaf.com](mailto:w.patterson@silverleaf.com)
- BASEBALL  
US Tryouts Feb. 12  
MS Tryouts Feb. 10  
Contact: Buzz Walthall [bwalthall@sgis.org](mailto:bwalthall@sgis.org)
- SOFTBALL  
US Tryouts Feb. 12  
MS Tryouts Feb. 12  
Contact: Ben Todd [btodd@sgis.org](mailto:btodd@sgis.org)
- TRACK AND FIELD  
US Tryouts Feb. 12  
MS Tryouts Feb. 12  
Contact: Tiffany Alden [talden@sgis.org](mailto:talden@sgis.org)
- BOYS SOCCER  
US Tryouts Feb. 12  
MS Tryouts Feb. 12  
Contact: Tony Whicker [twhicher@sgis.org](mailto:twhicher@sgis.org)
- WATER POLO  
US Tryouts Week of Feb. 12  
Contact Eddie Walsh [eddiewalsh25@gmail.com](mailto:eddiewalsh25@gmail.com)

**Questions? Contact the Varsity Head Coach of your sport of interest.**

<b>SPORT</b>	<b>HEAD COACH</b>	<b>CELL PHONE</b>	<b>E-MAIL ADDRESS</b>
Football	David Carter	901-304-9726	<a href="mailto:dcarter@sgis.org">dcarter@sgis.org</a>
Boys Golf	Jeff Ruffin	901-849-3130	<a href="mailto:jruffin@sgis.org">jruffin@sgis.org</a>
Girls Golf	Mary Lou Johns	901-603-8825	<a href="mailto:mljohns@sgis.org">mljohns@sgis.org</a>
Girls Cross Country	Lesley Brainard	901-219-3998	<a href="mailto:lesley.brainard@yahoo.com">lesley.brainard@yahoo.com</a>
Boys Cross Country	Mark Newman	901-734-3589	<a href="mailto:pilrun1@aol.com">pilrun1@aol.com</a>
Boys and Girls Soccer	Tony Whicker	901-337-5753	<a href="mailto:twhicker@sgis.org">twhicker@sgis.org</a>
Volleyball	Sami Gruse	765-414-2887	<a href="mailto:sgruse03@gmail.com">sgruse03@gmail.com</a>
Cheer	Camilla Evans (sponsor)	901-340-2533	<a href="mailto:evansmemphis@comcast.net">evansmemphis@comcast.net</a>
Girls Basketball	Nikki Davis	901-484-0009	<a href="mailto:ndavis@sgis.org">ndavis@sgis.org</a>
Boys Basketball	Jeff Ruffin	901-849-3130	<a href="mailto:jruffin@sgis.org">jruffin@sgis.org</a>
Wrestling	Adam Shaw	901-292-9131	<a href="mailto:adamtheathletictrainer@gmail.com">adamtheathletictrainer@gmail.com</a>
Swimming	Rob Snowberger	901-647-0363	<a href="mailto:rsnowberger@sgis.org">rsnowberger@sgis.org</a>
Winter Cheer	Sharon Lathum(sponsor)	901-299-0005	<a href="mailto:slathum@sgis.org">slathum@sgis.org</a>
Baseball	Buzz Walthall	901-486-5784	<a href="mailto:bwalthall@sgis.org">bwalthall@sgis.org</a>
Softball	Ben Todd	901-201-0115	<a href="mailto:btodd@sgis.org">btodd@sgis.org</a>
Girls Lacrosse	Dan Patterson	901-233-4366	<a href="mailto:w.patterson@silverleafe.com">w.patterson@silverleafe.com</a>
Boys Lacrosse	Kyle Slatery	901-240-3936	<a href="mailto:kslatery@sgis.org">kslatery@sgis.org</a>
Director of Tennis	Mark Bran	901-651-0159	<a href="mailto:mbran@sgis.org">mbran@sgis.org</a>
Track & Field	Tiffany Alden	901-833-0411	<a href="mailto:talden@sgis.org">talden@sgis.org</a>
Water Polo	Eddie Walsh	630-945-7252	<a href="mailto:Eddiewalsh25@gmail.com">Eddiewalsh25@gmail.com</a>